



AUSTRALIAN
INSTITUTE OF SPORT

TOUR

THE AUSTRALIAN INSTITUTE OF SPORT



Discover the champion within!

DISCOVER A REAL AUSTRALIAN ICON



- > **Tour the AIS:** With an elite athlete as your guide, you can discover where Australia's sporting champions live and train.
- > **Challenge yourself in Sportex:** Our interactive sports exhibition is fun for the whole family. See what it is like to hurtle headfirst down an ice track at over 110 kilometres an hour in our hands-on skeleton exhibit!
- > **Eat, shop and swim:** Be sure to visit the AIS Shop for exclusive AIS sporting gear, refuel at the café and take a dip in the pool before you leave.

TOUR TIMES

Public tours depart from the Sports Visitor Centre at 10.00am, 11.30am, 1.00pm and 2.30pm daily. Tour costs apply.

Discounted group bookings available.

FURTHER INFORMATION

Tel: (02) 6214 1010

Email: aistours@ausport.gov.au

Website: ausport.gov.au/tours

Australian Institute of Sport

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